

# AV FESTIVAL

INTERNATIONAL FESTIVAL OF ART, TECHNOLOGY, MUSIC AND FILM / AVFESTIVAL.CO.UK

## AS SLOW AS POSSIBLE 1-31 MARCH 2012



**Thank you for booking to participate in Hamish Fulton's *Slowalk*, the final event of AV Festival 12 on Saturday 31 March 2012.**

**The location of the walk is Spillers Wharf Car Park, Quayside, Newcastle upon Tyne (map below).**

**Please arrive on site by 12.40pm.  
Latecomers will not be allowed to participate.**

**Please also read the guidelines below carefully before the event.**

## **Background**

- *Slowalk* is part of a series of participatory walks conceived by the celebrated British artist Hamish Fulton.
- These have most recently taken place in Birmingham, Stockholm, Margate and at Tate Modern.
- You can see videos on these walks online at:
  - Tate Modern: <http://www.youtube.com/watch?v=oCc8Rs4sOVY>
  - Margate: <http://vimeopro.com/bevisbowdenfilms/reel/video/31558238>
- However each walk is very different due to the specific locations and the people involved. It will be a unique experience!

## **The Slowalk**

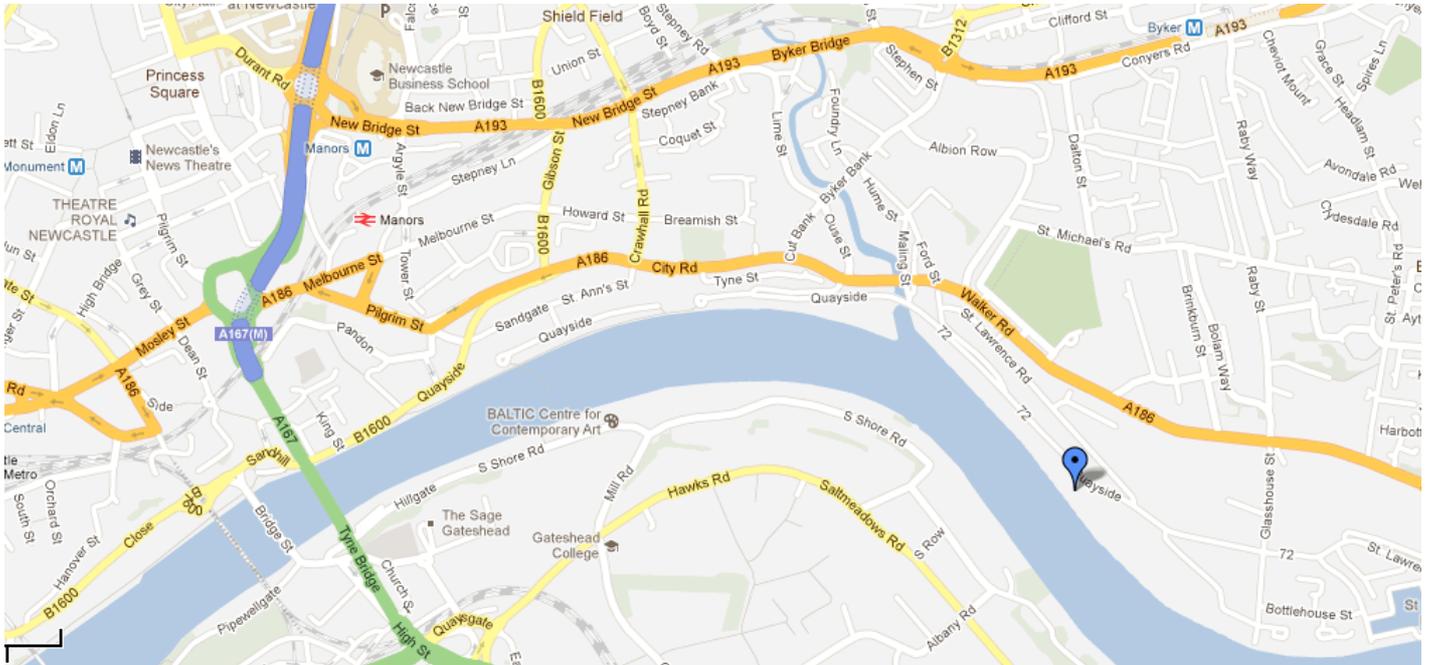
- You will walk a short distance within the car park over two hours from 1pm-3pm.
- You will be shown exactly where to walk when you arrive: the route will be very easy but everyone's route will be individual to them.
- Once you know your route, we would suggest you imagine dividing up the space into time markers so you know where you should be quarter/ halfway through the two-hour period.
- You must walk continuously and not stop moving. This requires concentration and may be harder than you think!
- Participants in the walk are also the audience for the event.

## **Clothing/footwear**

- Please wear dark clothing, this helps create a uniformity across all participants.
- This is an outdoor event and therefore please check the weather forecast beforehand and dress accordingly, bearing in mind that the riverside can be quite windy.
- However, the entire walk takes place in the car park, so there is no need to wear boots or walking gear: lightweight footwear is advisable for comfort.

## **Photography and filming**

- By participating in the event, you are consenting to be photographed and filmed by the artist and AV Festival.



### Location and Transport

- The walk will take place on the (disused) car park at Spillers Wharf next to the (now demolished) Spillers Mill site.
- The site can be reached via the Quaylink buses from Newcastle and Gateshead: the bus stop is Spillers Mill.
- Take care when crossing the road to access the site and look out particularly for the electric buses in both directions (they are very quiet).
- The site is approximately 15-20 minutes walk from Byker metro station.
- There is no car parking on site and please do not park on Quayside roadside as this will disrupt buses and local residents.
- On arrival at the site, follow signage to the correct entrance (towards the eastern end of the site)

### Timing

- The walk will start promptly at 1pm and all participants will need to arrive between 12.15 and 12.40pm to be briefed on how and where to walk when they arrive.
- No latecomers will be allowed to participate (but may stay to watch the event as observers)
- The start (1pm) and end of the walk (3pm) will be marked with a loud sound.

### During the walk

- There is no talking between participants during the event – it is to be undertaken in silence
- Please also switch off your mobile phones
- Please note that there are no toilet or refreshment facilities on site
- Participants must stay for the full two hours (except in cases of medical problems: see below)

**At the end of the walk**

- Please follow instructions from AV Stewards to exit the site.
- Please be patient and considerate when leaving as there will be a crowd of people all leaving at the same time.
- Please also be considerate to other public users of the area (dog walkers / fishermen / local residents)

**Health, Safety and Wellbeing**

- For health and safety reasons, all participants must be over 18.
- Under 18s are welcome to observe, but must not be left unattended by those participating in the walk.
- Participants must be able to walk, unaided, for 2 hours.
- You must inform AV Festival by email ([info@avfestival.co.uk](mailto:info@avfestival.co.uk)) of any serious medical conditions in advance of participating.
- If you feel unwell or unable to continue at any point during the event, please speak immediately to an AV Steward or ask someone to do this on your behalf.
- Take care when crossing the road to access the site and look out particularly for the electric buses (which are very quiet).
- There is a trained First Aider on site and full risk assessment has been complete.